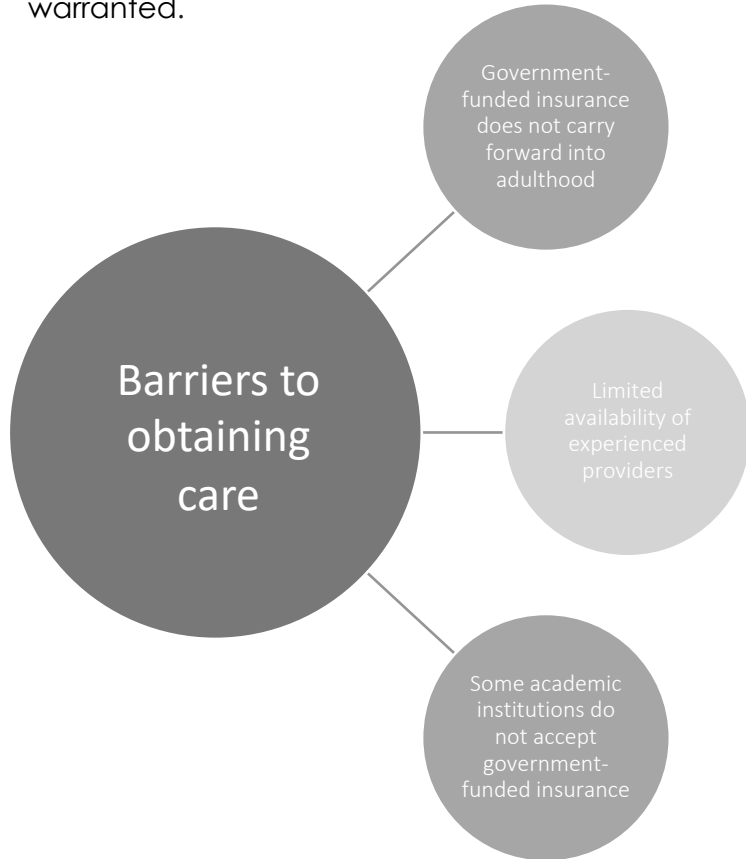


## Introduction

Many pediatric patients with complex medical care including urologic needs, require multiple specialists to optimize health outcomes, achieve an acceptable quality of life, and minimize cost of care. Medical advances have contributed to improved longevity for these patients, but our current healthcare system is not designed to support needs as they grow into adulthood. Given that these patients are often at risk of losing insurance coverage, a solution to help complex pediatric patients transition to adult care is warranted.



## Examining Gaps in Transitional Care For Pediatric Urologic Patients in Tennessee

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### Population Affected

This proposal affects adolescents and young adults transitioning from complex pediatric care into adult care, including urology.

### Impact of Work

We are doing a disservice to our pediatric patients by not allowing them to continue to have access to excellent care as they enter adulthood. These patients need regular visits with their providers for ongoing disease management and to provide additional treatment options as acute on chronic issues arise. Evidence has shown that patients who successfully transition to adult care have lower emergency and acute care utilization.

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## Proposed Solutions

### Medicaid Expansion

Include complex urologic and other chronic conditions as they transition to adulthood

Decrease overall health care spend while increasing health maintenance and decreasing delays in care



### Creation of Transitional Care Clinics

Creating multidisciplinary clinics to ensure all health care needs can be consolidated

Reduce the burden on patients by making their health care needs more accessible

## Conclusions

Multidisciplinary clinics and expansion of Medicaid will take significant funding, and therefore, will require lobbying of multiple entities include CMS, HHS, and federal and state governments. However, such programs will improve the quality, cost, and outcomes for our complex patients transitioning from pediatric to adult care.